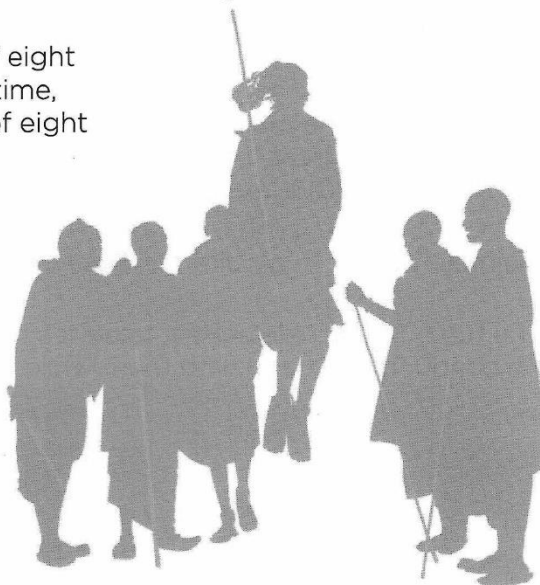


No. 8 – THOMSON'S ADUMU

(32 bar reel for four couples in a four couple set)

- 1-4 All four couples advance and retire.
- 5-8 1st couple cast off one place. At the same time, 4th couple cast up one place. 1st and 4th couples set approaching, nearer hands joined and turning towards each other, finish back to back with partner facing own side.
At the same time, 2nd couple giving left hands, cross up to finish in first place opposite side. 3rd couple, giving right hands, cross down to finish in fourth place opposite side.
2nd and 3rd couples set.
- 9-12 1st and 4th women also 1st and 4th men, with nearer hands joined, dance out on own side. 1st couple cast up, 4th couple cast down. 1st couple meet ready to dance down. 4th couple meet ready to dance up.
- 13-14 1st couple, making an arch, dance down.
4th couple, dance up through the arch.
- 15-16 1st man, giving right hand, turn 3rd woman
1st woman, giving left hand, turn 3rd man.
4th man, giving left hand, turn 2nd woman.
4th woman, giving right hand, turn 2nd man.
All finish on sidelines (2413).
- 17-20 All four couples dance eight hands round halfway.
- 21-24 1st couple dance a half figure of eight round 3rd couple. At the same time, 4th couple dance a half figure of eight round 2nd couple.
- 25-32 All four couples turn partners right hand.
All four couples set twice on the sidelines without joining hands. (Finish 3142.)
(This represents the Maasai "Jumping Dance" or the Adumu.)
- Repeat, from new positions.



No. 8 - THOMSON'S ADUMU

Master Howie Gilchrist Gall

Màrtainn Skene

D D/F# D Em A/C# Bm D/F# G A7 D

D D/A D Em A7 D D/F# G A7 D

D D/A D Em A7 D D/F# G A7 D

D G D/F# A7 D G A7 D

D Em D/F# A7 Bm Em A7 D

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Joseph Thomson was an explorer who lived in Dumfriesshire in the 1800s. He travelled to Africa on many expeditions. Joseph said, "I am a Scot and I can talk to people." As a result, when he visited the Maasai in Kenya, he was welcomed as a friend and no one on either side was killed. He was a man of peace. Joseph gave his name to Thomson's Falls and Thomson's Gazelles. I am proud to say I am his Gt. Gt. Cousin. Joseph's motto was - "He who goes gently goes safely and he who goes safely goes far."

The tune was composed for my nephew Howie.